

Virtual work experience is now recognised by the Medical Schools and Dental Schools Council as a valuable alternative to in-person shadowing. This is supported by the Health Education England Discovery report, which highlights the positive impact of virtual placements. In 2025/26 so far, we helped over 30,000 secondary school students gain access to free virtual work experience opportunities.

Not only is this a reliable alternative to in-person shadowing, but it also plays a significant role in preparing students for their in-person work placements with structured teaching and opportunities to speak directly with healthcare professionals.

The Virtual Work Experience Programme is brought to you by Birmingham Universities Hospitals Trust in collaboration with Medic Mentor. It is completely free to partake in, and is open to any student across the UK from 14 years old and above.

Students can apply for a placement for free using these links:

Medicine: <https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Dentistry: <https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Crafted in collaboration with Birmingham Universities Hospitals Trust, these thoroughly curated 6-month medical and 4-month dental programmes provide a unique glimpse into the medical and dental fields. With the flexibility of an e-learning format, participants can navigate their placements at their own pace, exploring vital topics like ethics, procedures, and broader team roles. This virtual experience not only enhances students' UCAS applications, but also strategically prepares them for the practical challenges and opportunities ahead.

Taking part in the Virtual Work Experience will provide:

- **Comprehensive Insights:** The programme covers a range of specialities, providing a deep understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- **Flexible Participation:** Tailored for students from years 10-13/S3-S6/NI10-14, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- **Recognised Certification:** Upon successful completion of all sessions, students will receive a certificate from Medic Mentor and UHB, validating their active participation which they can include in their UCAS and apprenticeship applications.

This month's spotlight is on Obs & Gynaecology or Paediatric & Dental Surgery. It's a chance to get a firsthand look into the inner workings of the medical and dental fields, helping your students shape their career aspirations in their chosen path.

From Monday 6th April, a new rotation will begin for the month, changing to General Practice or Public Health & Oral Pathology.

Register below for these programmes:

Aspiring Medics: <https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Aspiring Dentists: <https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

We are eager to welcome your students to our exceptional free work experience programmes and support them in their journey toward a fulfilling career in medicine or dentistry.

Kind regards,

Dr (Prof) Dhakshana Sivayoganathan

Medical Director of Medic Mentor (part of Mentorverse)

Visiting Professor of Medical Leadership and Innovation at University of Greater Manchester Medical School

British Medical Journal (BMJ) Clinical Champion

Mentorverse is a General Medical Council (GMC) Designated Body for Doctors

Associate Member of the NHS Confederation

NHS Providers Insight Partner

Creating Future Healthcare Leaders for the NHS

Previously successful Medical students: <https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students:

<https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>

Website: medicmentor.org

Enquiry Form: https://medicmentor.org/contact_us/